

ALLINA HEALTH

12th Annual Rehabilitation Nurse Seminar: *Past, Present and Future*



Friday, April 4, 2014
7:00 a.m. – 4:15 p.m.

Allina Commons, Pettingill Hall
2925 Chicago Ave., Minneapolis, MN

*Presented by the Minnesota Chapter Association of Rehabilitation
Nurses and Courage Kenny Rehabilitation Institute*



TARGET AUDIENCE

This conference is designed for Rehabilitation Nurses and interested allied health care professional working in acute rehabilitation, Transitional Care Units, and Nursing Homes.

OVERVIEW & OBJECTIVES

The focus of this conference is to increase the awareness of complications, barriers, and disturbances to the healing process in rehabilitation health care and to support the continued growth of attendees' knowledge and expertise to innovatively overcome those barriers in the specialty of rehabilitation nursing.

Upon completion of the conference, through lectures, hands-on, and exhibits, participants should be able to:

- Identify health disturbances common in the rehabilitation setting, including sleep, bladder function, and renal function and describe strategies to overcome them.
- Explain the essential role of the Rehabilitation Nurse in facilitating care transitions.
- List types, timing, selection, and decannulation of tracheostomies in the rehabilitation setting
- Discuss ways that Transcranial Magnetic Stimulation can benefit patients with stroke
- Practice methods for nurturing caregiver resilience

CONFERENCE DAY INCLUDES

\$85.00 (*ARN Member*) or \$98.00 (*Non ARN Member*) Tuition fee includes conference educational credits, materials, free parking, light continental breakfast, lunch and afternoon snack.

AGENDA

7:00 am	Registration, Vendors, and Continental Breakfast
7:25	Welcome and Introductions
7:30-8:30	Transcranial Magnetic Stimulation for Stroke Recovery Kate Frost MS, RCEP and Dr. James Carey PhD, PT, FAPTA
8:30-9:30	Tracheostomy Types: Timing, Selection, and Decannulation Michael Tedford, MD
9:30-10:00	Vendor Fair. Please visit the various vendor tables. Exhibit: The Ins and Outs of Tracheostomy Tubes Anne Uttermark, BS, RRT
10:00-11:00	The Challenge of Rehabilitation for End Stage Renal Disease Patients Nancy A. Peterson, RN, CNN
11:00-11:30	MN Chapter ARN: An Exciting Time for Rehabilitation Nursing Teri Herron RN, BSN, CRRN
11:30-12:30 pm	Lunch
12:30-1:30	Beyond the Basics – Urodynamic Evaluation of the Neurogenic Bladder Evelyn Kliever, RN, MA
1:30-2:15	Understanding Sleep to Promote Optimal Recovery Jean Humphries, PhD (c), MS, RN
2:15-2:30	Break
2:30-4:00	Caring for Sprained Spirits and Broken Hearts: Our Patients and Ourselves Verlyn Hemmen, D. Min, and Kim Goodman, M.Div, BCC, ACPE Supervisor
4:00-4:15	Wrap Up and Evaluations

FACULTY

Kate Frost, MS, RCEP

University of Minnesota
Minneapolis, MN

James Carey, PhD, PT, FAPTA

University of Minnesota
Minneapolis, MN

Michael Tedford, MD

The Ear, Nose and Throat Clinic and Hearing Center
Edina, MN

Anne Uttermark, BS, RRT

Abbott Northwestern Hospital
Minneapolis, MN

Nancy A. Peterson, RN, CNN

Fresenius Medical Care
Coon Rapids, MN

Teri Herron, RN, BSN, CRRN

Courage Kenny Rehabilitation Institute
Minneapolis, MN

Evelyn Kliever, RN, MA

Essentia Health Care
Duluth, MN

Jean Humphries, PhD (c), MS, RN

College of Nursing, Wayne State University
Plymouth, MN

Verlyn Hemmen, D. Min

Allina Health
Minneapolis, MN

Kim Goodman, M.Div, BCC

Allina Health
Minneapolis, MN

Abbott Northwestern Hospital, Aspen Medical Clinic and Courage Kenny Rehabilitation Institute are part of Allina Health.

PLANNING COMMITTEE

Dorothy Baker, RN, BSN, CRRN

Retired RN
Courage Kenny Rehabilitation Institute

LeAnne Hammer, RN, MBA, CRRN

Patient Care Manager
Courage Kenny Rehabilitation Institute

Teri Herron, RN, BSN, CRRN

President of MN-ARN, Care Navigator,
Courage Kenny Rehabilitation Institute

Dana Keliin, RN, BAN, CRRN

Vice President of MN-ARN, CKRA Nurse Clinician
Courage Kenny Rehabilitation Institute

VaLinda Pearson, PhD, RN, CRRN, CNE

Education Chair MN-ARN, Professor of Nursing
St. Catherine University

Mary Randolph, RN-BC, MA

Patient Care Supervisor
Courage Kenny Rehabilitation Institute

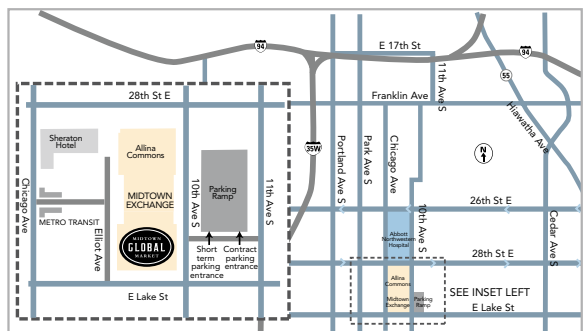
Abbott Northwestern Hospital and Courage Kenny Rehabilitation Institute are part of Allina Health.

LOCATION

Allina Commons at Midtown Exchange

Greenway Level,
Pettingill Hall A & B
Minneapolis, MN 55407-1321
Allina Commons Security
Desk: 612-262-5100

Allina Commons Parking is located in the ramp adjacent to the Midtown Exchange Building on 10th Ave S.



In order to validate you for free parking you must bring your ticket in with you. If you are an Allina Health employee we ask that you bring your badge with you. We are not able to validate for any other ramps if you mistakenly park somewhere other than Midtown Exchange ramp.

ACCOMMODATIONS

This conference will be held at the Allina Commons located at 2925 Chicago Avenue, Minneapolis, MN 55407-1321, just off Chicago Avenue and Lake Street. There is a hotel adjacent to the conference:

Sheraton Minneapolis Midtown Hotel
2901 Chicago Avenue South
Minneapolis, MN 55407
Phone: 612-821-7600
sheraton.com/minneapolismidtown

CANCELLATION POLICY

Tuition is refundable if request is received by Friday, March 28, 2014. Notices after this date will not receive a refund. You may send an alternate. To complete your cancellation or substitution call 612-863-5374.

SPECIAL NEEDS

ARN and Courage Kenny Rehabilitation Institute are fully committed to accommodating the special needs of participants and will do everything possible for requests called in at least 7 business days in advance of the start date to 612-863-5374. Accommodations or special needs requested after that timeframe cannot be guaranteed.

QUESTIONS

Contact LeAnne Hammer at 612-863-5374 or leanne.hammer@allina.com

DISCLOSURE POLICY

All faculty and planning committee members participating in sponsored activities and/or their spouses or partners are required to disclose to the symposium audience any real or apparent conflict(s) of interest related to the content of this activity.

ACCREDITATION

Nurse

This activity has been designed to meet the requirements of the Wisconsin Nurses Association, an accredited approved by the American Nurses Credentialing Center's Commission on Accreditation for 7.0 hours of credit. However, the nurse is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Other

Individuals representing other professional disciplines may submit course materials to their respective professional associations for 7.0 hours of continuing education credit.

REGISTRATION

12th Annual Rehabilitation Nurse Seminar: Past, Present, and Future

Friday, April 4, 2014

REGISTRATION CONFIRMATION

Online Registration deadline is **Thursday, April 3, 2014, at noon**. After this deadline, you may register at the door.

You must registration through Eventbrite at this site:

www.eventbrite.com

Click on "Find Events"

Type in "12th Annual Rehabilitation Nurse Seminar" in the search box

Click on "Search"

The event will come up. Click on the title to open the event information and registration.

You can also search by location and date or use this web address:

<https://www.eventbrite.com/e/12th-annual-rehabilitation-nurse-seminar-past-present-and-future-tickets-9847237352>

Eventbrite is a streamlined registration process that allows you to register for the conference, just use your credit card. You will receive immediate confirmation of registration through Eventbrite. You will be issued a ticket, but you do not need to bring your ticket to get in to the conference. There will be a roster at the door with a list of attendee names.

Please contact the program organizers if you have any difficulty with registration (mary.randolph@allina.com) or (leanne.hammer@allina.com)

TUITION PAYMENT

Tuition Fee

\$85.00 MN Chapter Association of Rehabilitation Nursing Members

\$98.00 Non-Members

Online payment deadline is **Thursday, April 3, 2014, at noon**

Questions regarding receipts and payments call at 612-863-5374.



**COURAGE KENNY
REHABILITATION
INSTITUTE**

800 E 28th Street
Mail Route 12201
Minneapolis, MN 55407

Our mailing lists are purchased from outside vendors so we are not able to remove names. If you receive a duplicate please share with your colleagues! For additional brochures please call 612-262-5030.



12th Annual Rehabilitation Nurse Seminar:
Past, Present and Future