

# Continuing Education

## Bridging Together: Spinal Cord Injury Conference

May 29-30, 2015; Friday 8:00a.m. - 4:00p.m. and Saturday 8:00a.m. - 5:00p.m.

Allina Health, Pettingill Hall, 2925 Chicago Avenue South, Minneapolis, MN 55407

### COURSE DESCRIPTION

Courage Kenny Rehabilitation Institute, a part of Allina Health, is bringing professionals together to bridge the opportunity for optimal care, health and wellness for persons with spinal cord injury.

Our target audience is professionals who provide care to people with spinal cord injuries or disorders. This includes physicians, psychologists, nurses, nurse practitioners, social workers, fitness specialists, physical and occupational therapists, speech-language pathologists, therapeutic recreation specialists, and other healthcare providers.

### COURSE FACULTY

Andrea Behrman, PhD, PT - Keynote Speaker

Joe Dailey

Dave Guzzi

Teri Herron, RN, CRRN

Linda Krach, MD

Anna Leinfelder, NP

Brian LeLoup, DPT

Angela Liuzzi, MA, OTR/L, CBIS

Kim Noha, MPT

Ann Parr, MD

Leena Rapacz, DPT

Liz Scherer, DPT

Carrie Shogren, OTR/L

Jennifer Theis, MS, OT/L

Megan Vaught, PT, SCD, OCS

Bonnie Warhol, MD

Rob Wudlick

### COURSE OBJECTIVES

Through lectures, hands-on, panel discussions and exhibits, the objectives for the professional track include:

- Learn about current local, national and international spinal cord injury research.
- Understand the theory and benefits of activity-based neuromuscular recovery interventions.
- Determine neurological level and classification using ASIA guidelines, develop treatment strategies, and project functional outcomes for all classifications.
- Describe musculoskeletal complications associated with spinal cord injury, how they affect patient care, how to prevent them and treatment options.
- Acquire knowledge about basic and advanced functional mobility progression (bed mobility and transfers) for people with paraplegia and tetraplegia.
- Understand and apply best-practice guidelines for autonomic dysreflexia, bowel management and management of the tetraplegic hand.
- Learn about options for sexual and reproductive health.

### NATIONALLY RECOGNIZED SPINAL CORD CARE

The Institute's inpatient and outpatient rehabilitation facility at Abbott Northwestern Hospital is the only such program in the Twin Cities area accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF), an independent national organization that certifies facilities which meet the highest patient care standards.

This means that we follow rigorous guidelines for best practice quality and nationally and internationally recognized service standards across our system of care including addressing life-long issues of aging with a spinal cord injury.

### COURAGE KENNY REHABILITATION INSTITUTE OVERVIEW

A clinical service line of Allina Health, Courage Kenny Rehabilitation Institute was created in 2013 by the merger of Courage Center and Sister Kenny Rehabilitation Institute.

Courage Kenny Rehabilitation Institute provides a continuum of rehabilitation services for people with short- and long-term conditions and disabilities in communities throughout Minnesota and western Wisconsin. Our goal is to improve health outcomes, make it easier for clients and families to get the right services for their needs, and reduce costs by preventing complications. Courage Center, began in 1928, and Sister Kenny Rehabilitation Institute, opened in 1942, were both founded to bridge a gap in services for people with disabilities.

For more information on our combined services and locations visit our websites – [allinahealth.org/sisterkenny](http://allinahealth.org/sisterkenny) or [couragecenter.org](http://couragecenter.org).

AllinaHealth 

**COURAGE KENNY  
REHABILITATION  
INSTITUTE**

## Continuing Education

## AGENDA

Friday, May 29

| Start time | End time | Presentation  | Presenter   |
|------------|----------|---|---|
| 7:30       | 8:00     | Registration  |   |
| 8:00       | 8:15     | Introduction to Conference  | Jennifer Theis, MS, OT/L  |
| 8:15       | 9:15     | Activity-based Therapies: Scientific Foundation and the Role of the NeuroRecovery Network | Andrea Behrman, PhD, PT   |
| 9:15       | 10:15    | Pediatric NeuroRecovery: Is it Time for a Paradigm Shift?                                 | Andrea Behrman, PhD, PT   |
| 10:15      | 11:15    | Exhibit Hall  |   |
| 11:15      | 12:15    | Neurological Level and Classification Using ASIA Guidelines                               | Linda Krach, MD   |
| 12:15      | 1:15     | Lunch (on your own) / Exhibit Hall  |   |
| 1:15       | 1:45     | Musculoskeletal Complications: Osteoporosis/Heterotopic Ossification                      | Bonnie Warhol, MD   |
| 1:45       | 2:15     | Musculoskeletal Complications: Shoulder Complex   | Megan Vaught, PT, SCD, OCS  |
| 2:15       | 3:00     | Panel to Discuss Musculoskeletal Complications  | Joe Dailey; Dave Guzzi; Megan Vaught, PT, SCD, OCS; Bonnie Warhol, MD |
| 3:00       | 3:45     | Use of Robotics in Gait Training after Spinal Cord Injury                                 | Brian LeLoup, DPT   |
| 3:45       | 4:00     | Recap of Day One  | Jennifer Theis, MS, OT/L  |

Saturday, May 30

| Start time | End time | Presentation   | Presenter                                       |
|------------|----------|--|---|
| 7:30       | 8:00     | Registration   |   |
| 8:00       | 9:00     | Management of the Tetraplegic Hand   | Carrie Shogren, OTR/L; Jennifer Theis, MS, OT/L |
| 9:00       | 10:00    | Best Practice Guidelines for Treatment of Autonomic Dysreflexia            | Anna Leinfelder, NP                             |
| 10:00      | 10:15    | Break  |   |
| 10:15      | 11:15    | Bowel Management after Spinal Cord Injury                                  | Teri Herron, RN, CRRN; Jennifer Theis, MS, OT/L |
| 11:15      | 12:00    | Exhibit Hall   |   |
| 12:00      | 1:30     | Authentic Answers to Unspoken Questions Lunch and Learn (lunch provided)   | Sponsored by MNSCIA                             |
| 1:30       | 2:30     | Spinal Cord Injury Research Local, National and International              | Ann Parr, MD; Rob Wudlick                       |
| 2:30       | 3:00     | Exhibit Hall   |   |
| 3:00       | 4:00     | Progression of Functional Mobility   | Kim Noha, MPT; Leena Rapacz, DPT                |
| 4:00       | 5:00     | Breakout Sessions  |   |
|            |          | - Progression of Functional Mobility                                       | Kim Noha, MPT; Leena Rapacz, DPT                |
|            |          | - Clinical Application of ASIA Neurological Classification                 | Liz Scherer, DPT; Carrie Shogren, OTR/L         |
|            |          | - Sexual Health in Spinal Cord Injury Rehabilitation: A Practical Approach | Angela Liuzzi, MA, OTR/L, CBIS                  |

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## REGISTRATION INFORMATION

*Early registration is recommended. Registration is open and is first come, first served.*

**Registration Deadline: May 22, 2015**

A light breakfast and afternoon snack will be provided both days. Lunch is on your own Friday and is provided on Saturday.

## NON-ALLINA STAFF REGISTRATION

**Tuition: \$300\***

•In your internet browser, type in: <https://www.eventbrite.com/e/bridging-together-spinal-cord-injury-conference-for-professionals-tickets-16021387401>

\*plus additional processing fee

## ALLINA STAFF REGISTRATION

- Go to the Allina AKN home page
- Select Education & Research
- Select Education & Training
- Select Allina Learning Management System (LMS/Saba)
- Log in using your Allina user ID and password
- On home page select Catalog Registration/Search
- Select 'Advanced Search'
- Enter in the Offering Number box: 00390553
- Select 'Search Learning Catalog'
- Select course 'Bridging Together...'
- Select 'Register'
- To verify registration, go to 'My Enrollments'
- Check your email for registration confirmation

## Tuition/Cancellation Policy

*If necessary, you may cancel prior to 5 days of the course at no penalty\*. If cancelled within 5 days there is no refund\*, however you may send an alternate attendee for no change fee. To complete your cancellation or substitution call 612-863-7306.*

*\*additional processing fee is not refundable*

## EXHIBITORS

Beyond Barriers Minneapolis, Forest Lake, MN  
 CKRI - Activity Based Locomotor Exercise: ABLE  
 CKRI - Sports and Recreation  
 Coloplast, Minneapolis, MN  
 Cummings Mobility, Roseville, MN  
 Cure Medical, St. Paul, MN  
 Disability Specialists, Cook, MN  
 EasyStand, Morton, MN  
 Handi Medical, St. Paul, MN  
 IMED Mobility, Roseville, MN  
 Philips Respiroics  
 Reliable Medical Supply, Brooklyn Park, MN  
 Restorative Therapies, Baltimore, MD  
 Ride Designs, Sheridan, CO  
 Tamarack Habilitation Technologies, Blaine, MN  
 Winkley Orthotics & Prosthetics, Golden Valley, MN

## ACCREDITATION

-Physician: Allina Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Allina Health designates this live activity for a maximum of 13.5 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

-Nurse: This activity has been submitted to WNA CEAP for approval to award 10.5 contact hours. Wisconsin Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses are responsible for determining whether this activity meets the requirements for acceptable continuing education.

-Physical Therapy: This activity has been designed to meet the Minnesota Board of Physical Therapy education requirements and has been approved for 12 clock hours.

-Individuals representing other professional disciplines may submit course materials to their respective professional associations for 12 hours of continuing education credit.

*A certificate of attendance will be provided after the conference evaluation has been completed.*

## DISCLOSURE POLICY

Learning & Development and Courage Kenny Rehabilitation Institute, part of Allina Health, intend to provide balance, independence, objectivity and scientific rigor in all of its sponsored educational activities. All faculty and planning committee members participating in sponsored activities and their spouse/partner are required to disclose to the activity audience any real or apparent conflict(s) of interest related to the content of this conference.

## NON-ENDORSEMENT OF COMMERCIAL PRODUCTS AND SERVICES

Accreditation of this educational activity by Allina Health does not imply endorsement by Learning & Development of any commercial products displayed in conjunction with an activity.

A reminder for Allina Health employees and staff, the Allina Health Policy on Ethical Relationship with Industry prohibits taking back to your place of work, any items received at this conference with branded and/or product information from our vendors.

## FOR MORE INFORMATION

Contact Lisa Mengelkoch 612-863-7306 or [lisa.mengelkoch@allina.com](mailto:lisa.mengelkoch@allina.com)

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