

ALLINA HEALTH

13th Annual Rehabilitation Nurse Seminar: *Building Rehab Excellence*



Friday, March 13, 2015
7:00 a.m. – 4:30 p.m.

Allina Commons, Pettingill Hall
2925 Chicago Ave., Minneapolis, MN

*Co-Presented by the Minnesota Chapter Association of
Rehabilitation Nurses and Courage Kenny Rehabilitation Institute*



TARGET AUDIENCE

This conference is designed for Rehabilitation Nurses and interested allied health care professionals working in acute rehabilitation, Transitional Care Units, and Nursing Homes.

OVERVIEW & OBJECTIVES

The focus of this conference is to increase the awareness of complications, barriers, and disturbances to the healing process in rehabilitation health care and to support the continued growth of attendees' knowledge and expertise to innovatively overcome those barriers in the specialty of rehabilitation nursing.

Upon completion of the conference, through lectures, hands-on, and exhibits, participants should be able to:

- Identify ways caregivers can promote health of dysphagic patients
- Describe indications and contraindications of hyperbaric oxygen in the management of different wound types
- Identify signs, symptoms, and ramifications of muscular dystrophy
- Describe how therapeutic hypothermia is used as a neuroprotective strategy post-cardiac arrest
- Understand the surgical procedures used to create a Mitrofanoff, Mace and bladder augmentation
- List three ways in which networking impacts a Rehabilitation Nurse's profession
- Identify barriers for healthy sleep
- Demonstrate use of adapted recreation equipment

CONFERENCE DAY INCLUDES

\$85.00 (ARN Member) or \$105.00 (Non ARN Member) or \$25.00 (Students – No Contact Hours included) Tuition fee includes conference educational credits, materials, free parking, light continental breakfast, lunch and afternoon snack.



AGENDA

7:00 am	Registration, Vendors, and Continental Breakfast
7:25-7:30	Welcome and Introductions
7:30-8:30	Hyperbaric Oxygen Treatment Nedaa Skeik, MD, FACP, FSVMI, RPVI and Deana Klosterman, CHT
8:30-9:30	Cognitive Problems after Cardiac Arrest: Early Rehabilitation Management Kyle Harvison, PhD and Cynthia Kosek, OT, BS
9:30-10:00	Vendor Fair. Please visit the various vendor tables. Exhibit: Muscular Dystrophy Association: Information on Neuromuscular Diseases Gina Severson, BSW
10:00-11:00	Mitrofanoffs, MACES and Bladder Augmentations (Oh My)! Tips and Tricks to Manage the Problems Anne Boisclair-Fahey, DNP, RN, CNP
11:00-12:00	Parkinson's Disease for Caregivers Rozina Bhimani, PhD, DNP, APRN, CNE and Lisa Carney Anderson, PhD
12:00-12:45	Lunch
12:45-1:15	MN Chapter ARN: Past, Present, and Future Teri Herron RN, BSN, CRRN
1:15-2:15	Assessment and Planning for Optimal Sleep during Rehabilitation Jean Humphries, PhD (c), MS, RN
2:15-2:30	Break
2:30-3:30	Dysphagia for Nursing Staff Anne St. Jacques, MA, CCC-SLP
3:30-4:15	Adapted Outdoor Recreation Opportunities with Three Rivers Park District Tracy Tabaka, BS
4:00-4:15	Wrap Up and Evaluations

FACULTY

**Nedoa Skeik, MD, FACP, FSVM, RPVI
and Deana Klosterman, CHT**

Hyperbaric Oxygen Center
Minneapolis, MN

**Kyle Harvison, PhD
and Cynthia Kosek, OT, BS**

Courage Kenny Rehabilitation Institute
part of Allina Health
Minneapolis and St. Paul, MN

Gina Severson, BSW

Muscular Dystrophy Association
Minneapolis, MN

Anne Boisclair-Fahey, DNP, RN, CNP

University of Minnesota Masonic
Children's Hospital
Minneapolis, MN

**Rozina Bhimani, PhD, DNP, APRN,
CNE and Lisa Carney Anderson, PhD**

St. Catherine University and
University of Minnesota
Minneapolis and St. Paul, MN

Teri Herron RN, BSN, CRRN

Courage Kenny Rehabilitation Institute
part of Allina Health
Minneapolis, MN

Jean Humphries, PhD (c), MS, RN

College of Nursing
Wayne State University
Plymouth, MN

Ann St. Jacque, MA, CCC-SLP

Minneapolis VA Medical Center
Minneapolis, MN

Tracy Tabaka, BS

Three Rivers Park District
Minneapolis, MN

PLANNING COMMITTEE

LeAnne Hammer, RN, MBA, CRRN

Patient Care Manager
Courage Kenny Rehabilitation Institute
part of Allina Health

Teri Herron, RN, BSN, CRRN

President of MN-ARN
Care Coordinator
Courage Kenny Rehabilitation Institute
part of Allina Health

Dana Keliin, RN, BAN, CRRN

Vice President of MN-ARN
Bemidji, MN

VaLinda Pearson, PhD, RN, CRRN

Education Chair MN-ARN
Professor of Nursing
St. Catherine University

Mary Randolph, RN-BC, MA

Patient Care Supervisor
Courage Kenny Rehabilitation Institute
part of Allina Health

LOCATION

Allina Commons at Midtown Exchange

Greenway Level, Pettingill Hall A & B

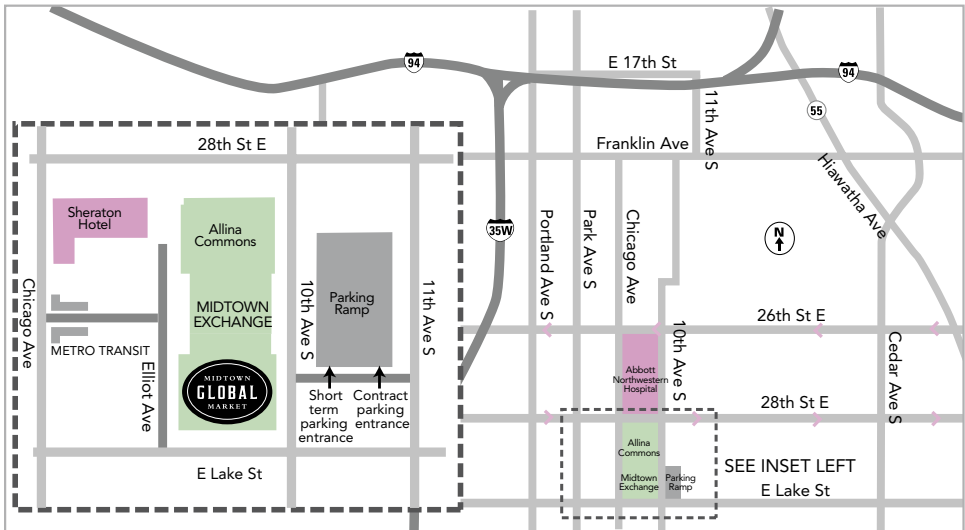
Minneapolis, MN 55407-1321

Allina Commons Security Desk: 612-262-5100

PARKING

Allina Commons Parking is located in the ramp directly east of the Midtown Exchange Building on 10th Ave S.

In order to validate you for free parking you must bring your ticket in with you. If you are an Allina Health employee we ask that you bring your badge with you. We are not able to validate for any other ramps if you mistakenly park somewhere other than Midtown Exchange ramp.



ACCOMMODATIONS

This conference will be held at the Allina Commons located at 2925 Chicago Avenue, Minneapolis, MN 55407-1321, just off Chicago Avenue and Lake Street. There is a hotel adjacent to the conference:

Sheraton Minneapolis Midtown Hotel

2901 Chicago Avenue South

Minneapolis, MN 55407

Phone: (612) 821-7600

Sheraton.com/minneapolismidtown

CANCELLATION POLICY

Tuition is refundable if request is received by Friday, March 6, 2015. Notices after this date will not receive a refund. You may send an alternate. To complete your cancellation or substitution call 612-863-5374.

SPECIAL NEEDS

MN ARN and Courage Kenny Rehabilitation Institute are fully committed to accommodating the special needs of participants and will do everything possible for requests called in at least 7 business days in advance of the start date to 612-863-5374. Accommodations or special needs requested after that timeframe cannot be guaranteed.

QUESTIONS

Contact LeAnne Hammer at 612-863-5374 or leanne.hammer@allina.com

DISCLOSURE POLICY

All faculty and planning committee members participating in sponsored activities and/or their spouses or partners are required to disclose to the symposium audience any real or apparent conflict(s) of interest related to the content of this activity.

ACCREDITATION

Nurse

This activity has been submitted to the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation for 7.0 hours of credit. However, the nurse is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Other

Individuals representing other professional disciplines may submit course materials to their respective professional associations for 7.0 hours of continuing education credit.

REGISTRATION

13th Annual Rehabilitation Nurse Seminar: Building Rehab Excellence

Friday, March 13, 2015

REGISTRATION CONFIRMATION

Online Registration deadline is **Thursday, March 12th, 2015, at noon.**
After this deadline, you may register at the door.

You must registration through Eventbrite at this site:

www.eventbrite.com

Click on "Find Events"

Type in "13th Annual Rehabilitation Nurse Seminar" in the search box

Click on "Search"

The event will come up. Click on the title to open the event information and registration.

You can also search by location and date or use this web address:

<https://www.eventbrite.com/e/13th-annual-rehabilitation-nurse-seminar-building-rehab-excellence-registration-10463250865>

Eventbrite is a streamlined registration process that allows you to register for the conference by just using your credit card. You will receive immediate confirmation of registration through Eventbrite. You will be issued a ticket, but you do not need to bring your ticket to get in to the conference. There will be a roster at the door with a list of attendee names.

Please contact the program organizers if you have any difficulty with registration (mary.randolph@allina.com or leanne.hammer@allina.com).

All attendees must self-register in EventBrite.

TECHNICAL ASSISTANCE or HELP WITH REGISTERING:

Contact LeAnne Hammer at 612-863-5374 or leanne.hammer@allina.com or Mary Randolph at mary.randolph@allina.com

TUITION PAYMENT

Tuition Fee

\$85.00 MN Chapter Association of Rehabilitation Nursing Members

\$105.00 Non-Members

\$25.00 Students (No Contact Hours Awarded, must show student ID at the door)

Online payment deadline is Thursday, March 12, 2015, at noon

Questions regarding receipts and payments call at 612-863-5374.



**COURAGE KENNY
REHABILITATION
INSTITUTE**

800 E 28th Street
Mail Route 12201
Minneapolis, MN 55407

Our mailing lists are purchased from outside vendors so we are not able to remove names. If you receive a duplicate please share with your colleagues! For additional brochures please call 612-863-5374.



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