15th Annual Rehabilitation Nurse Conference

Friday, March 31, 2017
7:00 a.m. to 4:30 p.m.
Allina Commons, Pettingill Hall
2925 Chicago Ave., Minneapolis, MN

Co-Presented by the Minnesota Chapter Association of Rehabilitation Nurses and Courage Kenny Rehabilitation Institute
TARGET AUDIENCE

This conference is designed for Rehabilitation Nurses and interested allied health care professional working in acute rehabilitation, Transitional Care Units, and Nursing Homes.

OVERVIEW & OBJECTIVES

The focus of this conference is to increase the awareness of complications, barriers, and disturbances to the healing process in rehabilitation health care and to support the continued growth of attendees’ knowledge and expertise to innovatively overcome those barriers in the specialty of rehabilitation nursing.

Upon completion of the conference, through lectures, hands-on, and exhibits, participants should be able to:

• Discuss use of evidence-based cognitive retraining strategies in persons with cognitive impairment due to neurologic injury.

• Discuss the implications of cognitive impairments on patient’s ability to manage diabetic medications.

• Identify 2 types of technology that allows greater access to landline telephone for patients with limited mobility.

• Identify current treatments for brain tumors that are resulting in positive outcomes.

• Compare and contrast the differences between spasticity, clonus and muscle tightness and its implication in nursing practice.

• Discuss the application of music therapy to improve physical mobility in rehabilitation patients.

• Discuss one way to implement risk reduction interventions when caring for older adults with spinal cord injuries.

• Discuss possible interventions for agitated behavior during TBI rehabilitation.

• Discuss the importance of individualized approach to rehabilitation for each amputee who uses a prosthetic.

CONFERENCE DAY INCLUDES

$85.00 (ARN Member) or
$105.00 (Non ARN Member) or
$25.00 (Students – No Contact Hours included)

Tuition fee includes conference educational credits, materials, free parking, light continental breakfast, lunch and afternoon snack.
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:00-7:25 a.m.</td>
<td>Registration</td>
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<tr>
<td>7:25-7:30 a.m.</td>
<td><strong>Welcome</strong>, Leann Huseth, MN-ARN President</td>
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<tr>
<td>7:30-8:15 a.m.</td>
<td><strong>Cognitive Rehabilitation in the New Millennium: Teach a Person to Fish</strong></td>
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<td>Diane Chappuis, MD, OT</td>
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<td>8:15-9 a.m.</td>
<td><strong>Cognition and Communication—An Occupational Therapy and Speech-Language Pathology Perspective</strong></td>
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<td>Helen J. Garcia, OTR and Elisa Sobolik, MS, CCC-SLP</td>
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<td>9:00-9:30 a.m.</td>
<td><strong>Exhibit: Introduction to Assistive Technology and Vendor Fair</strong></td>
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<td>Matt White, OT</td>
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<td>9:30-10:30 a.m.</td>
<td><strong>Introduction to Neuro-Oncology</strong></td>
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<td>Richard Peterson, MD</td>
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<td>10:30-11:30 a.m.</td>
<td><strong>Movement Disorders beyond Pain: Implications for Practice</strong></td>
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<td>Rozina Bhimani, PhD, DNP, APRN, BSN, RN, Lisa Anderson, PhD</td>
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<td>11:00 a.m.</td>
<td><strong>Lunch</strong></td>
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<td>12:00-12:30 p.m.</td>
<td><strong>MN-ARN Business Meeting</strong></td>
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<td>Leann Huseth, MN-ARN President</td>
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<td>12:30-1:30 p.m.</td>
<td><strong>Music Therapy with Rehabilitation Patients</strong></td>
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<td>Kim Donley, MS, MT-BC</td>
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<td>1:30-2:15 p.m.</td>
<td><strong>Spinal Cord Injuries and the Aging Population</strong></td>
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<td>Christa Carter, BSN, RN, CRRN, Jamie Lang, BSN, RN-BC</td>
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<td>2:15-2:30 p.m.</td>
<td><strong>Break</strong></td>
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<td>2:30-3:15 p.m.</td>
<td><strong>Traumatic Brain Injury and Behavior Management</strong></td>
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<td>Mary Ketchum, RN, BSN, CRRN, Conrad Lyons, RN, MSN, CRRN</td>
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<td>3:15-4 p.m.</td>
<td><strong>Wiggle Your Toes—Life after Limb Loss</strong></td>
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<td>Robert J Rieckenberg, Director of Client Advocates/ Board Member of Wiggle Your Toes, Charles Kuffel, MSM, CPO, FAAOP</td>
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<td>4-4:15 p.m.</td>
<td><strong>Wrap-Up, Evaluations, Continuing Education Credits</strong></td>
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FACULTY

Diane Chappuis, MD, OT
United Hospital

Helen J. Garcia, OTR and Elisa Sobolik, MS, CCC-SLP
Courage Kenney Rehabilitation Institute, Minneapolis Campus

Matt White, OT
Courage Kenney Rehabilitation Institute, Golden Valley Campus

Richard Peterson, MD
Health Partners Department of Neurology & Oncology

Rozina Bhimani, PhD, DNP, APRN, BSN, RN
University of Minnesota, School of Nursing, AGH Cooperative

Lisa Anderson, PhD,
University of Minnesota, Department of Integrative Biology and Physiology

Kim Donley, MS, MT-BC
Courage Kenney Rehabilitation Institute, Golden Valley Campus

Christa Carter, BSN, RN, CRRN and Jamie Lang, BSN, RN-BC
Minneapolis VA Health Care System

Mary Ketchum, RN, BSN, CRRN and Conrad Lyons, RN, MSN, CRRN
Minneapolis VA Health Care System

Robert J. Rieckenberg, Director of Client Advocates/Board Member of Wiggle Your Toes and Charles Kuffel, MSM, CPO, FAAOP
Wiggle Your Toes (Non-Profit)

PLANNING COMMITTEE

LeAnne Hammer, RN, MBA, CRRN
Patient Care Manager
Courage Kenny Rehabilitation Institute

Dana Keliin, RN, BAN, CRRN
MN-ARN Website Editor, RN,
Courage Kenny Rehabilitation Institute

Leann Huseth, RN, CRRN
MN-ARN President
Director Lake Region HEALTHCARE

Valinda Pearson, PhD, RN, CRRN
Education Chair MN-ARN,
Professor of Nursing
St. Catherine University

Jill Karelis, BSN, RN, CRRN
Nurse Manager
Minneapolis VA Health Care System

Mary Randolph, R.N.-B.C., M.A.
Patient Care Supervisor
Courage Kenny Rehabilitation Institute

Abbott Northwestern Hospital and Courage Kenny Rehabilitation Institute are part of Allina Health.
LOCATION

Allina Commons at Midtown Exchange
Greenway Level, Pettingill Hall A & B
Minneapolis, MN 55407-1321
Allina Commons Security Desk: 612-262-5100

PARKING

Allina Commons Parking is located in the ramp directly east of the Midtown Exchange Building on 10th Ave S.

In order to validate you for free parking you must bring your ticket in with you. If you are an Allina Health employee we ask that you bring your badge with you. We are not able to validate for any other ramps if you mistakenly park somewhere other than Midtown Exchange ramp.

GETTING TO THE COMMONS

From the North
Recommended from I-94/252/35W:
• Take Hiawatha/MN-55 (exit 234A)
• Exit at E Lake St – Turn right
• Turn right at 10th Ave S
• Turn right into Parking Ramp
• Park in Short Term Parking

From the East
Recommended from I-94:
• Take Cedar Ave S (exit 234C)
• Turning left at Cedar Ave S
• Turn right on Minnehaha Ave/ Cedar Ave S (first stop light)
• Turn right onto E Lake Street
• Turn right at 10th Ave S
• Turn right into Parking Ramp
• Park in Short Term Parking

From the South
Recommended from 35W:
• Take the 31st St (exit 15) to Lake St
• Turn right onto E Lake Street
• Turn Left 10th Ave S
• Turn right into Parking Ramp
• Park in Short Term Parking

From the West
Recommended from I-94/394:
• I-94 E entry ramp
• Take Hiawatha South/MN-55
• Exit at E Lake St – Turn right
• Turn Right on 10th Ave S
• Turn right into Parking Ramp
• Park in Short Term Parking
ACCOMMODATIONS

This conference will be held at the Allina Commons located at 2925 Chicago Avenue, Minneapolis, MN 55407-1321, just off Chicago Avenue and Lake Street. There is a hotel adjacent to the conference:

Sheraton Minneapolis Midtown Hotel
2901 Chicago Avenue South
Minneapolis, MN 55407
Phone: 612-821-7600
Sheraton.com/minneapolismidtown

CANCELLATION POLICY

Tuition is refundable if request is received by Friday, March 24, 2017. Notices after this date will not receive a refund. You may send an alternate. To complete your cancellation or substitution call 612-863-5374.

SPECIAL NEEDS

MN ARN and Courage Kenny Rehabilitation Institute are fully committed to accommodating the special needs of participants and will do everything possible for requests called in at least 7 business days in advance of the start date to 612-863-5374. Accommodations or special needs requested after that timeframe cannot be guaranteed.

QUESTIONS

Contact LeAnne Hammer at 612-863-5374 or leanne.hammer@allina.com

DISCLOSURE POLICY

All faculty and planning committee members participating in sponsored activities and/or their spouses or partners are required to disclose to the symposium audience any real or apparent conflict(s) of interest related to the content of this activity.

ACCREDITATION

**Nurse**

This activity has been submitted to the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. However, the nurse is responsible for determining whether this activity meets the requirements for acceptable continuing education.

**Other**

Individuals representing other professional disciplines may submit course materials to their respective professional associations for seven hours of continuing education credit.
15th Annual Rehabilitation Nurses Conference  
Friday, March 31, 2017

REGISTRATION CONFIRMATION
Online Registration deadline is Thursday, March 30, 2017, at noon. After this deadline, you may register at the door.

For registration before March 30, you must registration through Eventbrite at this site: www.eventbrite.com

- Click on “Find Events.”
- Type in “15th Annual Rehabilitation Nurses Conference” in the search box.
- Click on “Search.”
- The event will come up. Click on the title to open the event information and registration.

You can also search by location and date or use this web address: https://www.eventbrite.com/e/15th-annual-rehabilitation-nurses-conference-registration-29501180826

Eventbrite is a streamlined registration process that allows you to register for the conference, just use your credit card. You will receive immediate confirmation of registration through Eventbrite. You will not be issued a ticket. There will be a roster at the door with a list of attendee names.

Please contact the program organizers if you have any difficulty with registration (mary.randolph@allina.com) or (leanne.hammer@allina.com)

All attendees must self-register in EventBrite.

TECHNICAL ASSISTANCE OR HELP WITH REGISTERING:
Contact LeAnne Hammer at 612-863-5374 or leanne.hammer@allina.com or Mary Randolph at mary.randolph@allina.com

TUITION PAYMENT

Tuition Fee

- $85.00 MN Chapter Association of Rehabilitation Nursing Members
- $105.00 Non-Members
- $25.00 Students (No Contact Hours Awarded, must show student ID at the door)

Online payment deadline is Thursday, March 31, at noon.
Questions regarding receipts and payments call at 612-863-5374.
If you receive a duplicate please share with your colleagues! For additional brochures please call 612-863-5374.

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