

COURAGE KENNY REHABILITATION INSTITUTE™

15th Annual Rehabilitation Nurse Conference



Friday, March 31, 2017

7:00 a.m. to 4:30 p.m.

Allina Commons, Pettingill Hall
2925 Chicago Ave., Minneapolis, MN

*Co-Presented by the Minnesota Chapter Association of
Rehabilitation Nurses and Courage Kenny Rehabilitation Institute*



TARGET AUDIENCE

This conference is designed for Rehabilitation Nurses and interested allied health care professional working in acute rehabilitation, Transitional Care Units, and Nursing Homes.

OVERVIEW & OBJECTIVES

The focus of this conference is to increase the awareness of complications, barriers, and disturbances to the healing process in rehabilitation health care and to support the continued growth of attendees' knowledge and expertise to innovatively overcome those barriers in the specialty of rehabilitation nursing.

Upon completion of the conference, through lectures, hands-on, and exhibits, participants should be able to:

- Discuss use of evidence-based cognitive retraining strategies in persons with cognitive impairment due to neurologic injury.
- Discuss the implications of cognitive impairments on patient's ability to manage diabetic medications.
- Identify 2 types of technology that allows greater access to landline telephone for patients with limited mobility.
- Identify current treatments for brain tumors that are resulting in positive outcomes.
- Compare and contrast the differences between spasticity, clonus and muscle tightness and its implication in nursing practice.
- Discuss the application of music therapy to improve physical mobility in rehabilitation patients.
- Discuss one way to implement risk reduction interventions when caring for older adults with spinal cord injuries.
- Discuss possible interventions for agitated behavior during TBI rehabilitation.
- Discuss the importance of individualized approach to rehabilitation for each amputee who uses a prosthetic.

CONFERENCE DAY INCLUDES

\$85.00 (ARN Member) or

\$105.00 (Non ARN Member) or

\$25.00 (Students – No Contact Hours included)

Tuition fee includes conference educational credits, materials, free parking, light continental breakfast, lunch and afternoon snack.

AGENDA

7-7:25 a.m.	Registration
7:25-7:30 a.m.	Welcome , Leann Huseeth, MN-ARN President
7:30-8:15 a.m.	Cognitive Rehabilitation in the New Millennium: Teach a Person to Fish Diane Chappuis, MD, OT
8:15-9 a.m.	Cognition and Communication— An Occupational Therapy and Speech-Language Pathology Perspective Helen J. Garcia, OTR and Elisa Sobolik, MS, CCC-SLP
9-9:30 a.m.	Exhibit: Introduction to Assistive Technology and Vendor Fair Matt White, OT
9:30-10:30 a.m.	Introduction to Neuro-Oncology Richard Peterson, MD
10:30-11:30 a.m.	Movement Disorders beyond Pain: Implications for Practice Rozina Bhimani, PhD, DNP, APRN, BSN, RN, Lisa Anderson, PhD
11:30 a.m to 12:15 p.m.	Lunch
12:15-12:30 p.m.	MN-ARN Business Meeting Leann Huseeth, MN-ARN President
12:30-1:30 p.m.	Music Therapy with Rehabilitation Patients Kim Donley, MS, MT-BC
1:30-2:15 p.m.	Spinal Cord Injuries and the Aging Population Christa Carter, BSN, RN, CRRN, Jamie Lang, BSN, RN-BC
2:15-2:30 p.m.	Break
2:30-3:15 p.m.	Traumatic Brain Injury and Behavior Management Mary Ketchum, RN, BSN, CRRN, Conrad Lyons, RN, MSN, CRRN
3:15-4 p.m.	Wiggle Your Toes—Life after Limb Loss Robert J Rieckenberg, Director of Client Advocates/ Board Member of Wiggle Your Toes, Charles Kuffel, MSM, CPO, FAAOP
4-4:15 p.m.	Wrap-Up, Evaluations, Continuing Education Credits

FACULTY

Diane Chappuis, MD, OT
United Hospital

**Helen J. Garcia, OTR and
Elisa Sobolik, MS, CCC-SLP**
Courage Kenney Rehabilitation
Institute, Minneapolis Campus

Matt White, OT
Courage Kenney Rehabilitation
Institute, Golden Valley Campus

Richard Peterson, MD
Health Partners Department
of Neurology & Oncology

**Rozina Bhimani, PhD,
DNP, APRN, BSN, RN**
University of Minnesota, School
of Nursing, AGH Cooperative

Lisa Anderson, PhD,
University of Minnesota, Department
of Integrative Biology and Physiology

Kim Donley, MS, MT-BC
Courage Kenney Rehabilitation
Institute, Golden Valley Campus

**Christa Carter, BSN, RN, CRRN and
Jamie Lang, BSN, RN-BC**
Minneapolis VA Health Care System

**Mary Ketchum, RN, BSN, CRRN and
Conrad Lyons, RN, MSN, CRRN**
Minneapolis VA Health Care System

**Robert J. Rieckenberg, Director
of Client Advocates/Board Member
of Wiggle Your Toes and
Charles Kuffel, MSM, CPO, FAAOP**
Wiggle Your Toes (Non-Profit)

PLANNING COMMITTEE

LeAnne Hammer, RN, MBA, CRRN
Patient Care Manager
Courage Kenny Rehabilitation Institute

Leann Huseth, RN, CRRN
MN-ARN President
Director Lake Region HEALTHCARE

Jill Karelis, BSN, RN, CRRN
Nurse Manager
Minneapolis VA Health Care System

Dana Keliin, RN, BAN, CRRN
MN-ARN Website Editor, RN,
Courage Kenny Rehabilitation Institute

VaLinda Pearson, PhD, RN, CRRN
Education Chair MN-ARN,
Professor of Nursing
St. Catherine University

Mary Randolph, R.N.-B.C., M.A.
Patient Care Supervisor
Courage Kenny Rehabilitation Institute

*Abbott Northwestern Hospital and Courage Kenny Rehabilitation Institute
are part of Allina Health.*

LOCATION

Allina Commons at Midtown Exchange

Greenway Level, Pettingill Hall A & B
Minneapolis, MN 55407-1321
Allina Commons Security Desk: 612-262-5100

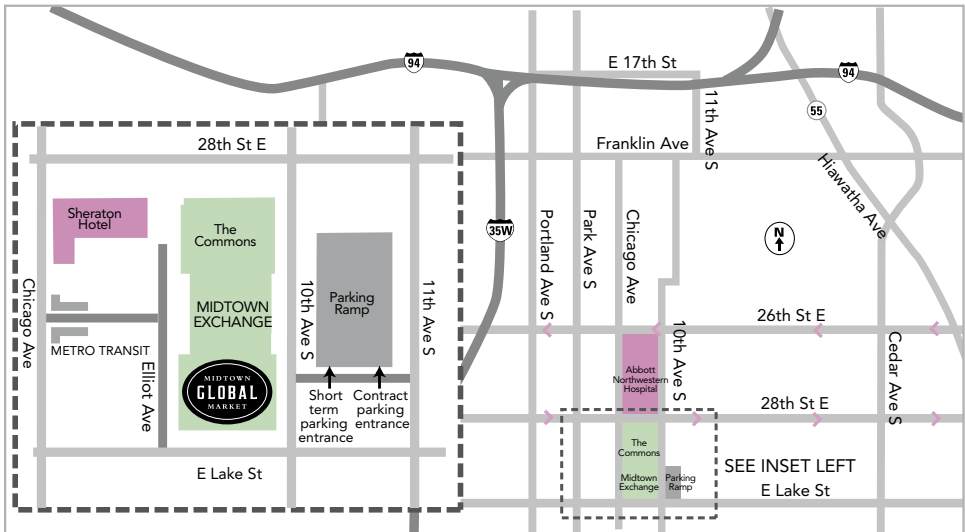
The Commons at Midtown Exchange

2925 Chicago Ave.
Minneapolis, MN 55407

PARKING

Allina Commons Parking is located in the ramp directly east of the Midtown Exchange Building on 10th Ave S.

In order to validate you for free parking you must bring your ticket in with you. If you are an Allina Health employee we ask that you bring your badge with you. We are not able to validate for any other ramps if you mistakenly park somewhere other than Midtown Exchange ramp.



GETTING TO THE COMMONS

From the North

Recommended from I-94/252/35W:

- Take Hiawatha/MN-55 (exit 234A)
- Exit at E Lake St - Turn right
- Turn right at 10th Ave S
- Turn right into Parking Ramp
- Park in Short Term Parking

From the East

Recommended from I-94:

- Take Cedar Ave S (exit 234C)
- Turning left at Cedar Ave S
- Turn right on Minnehaha Ave/ Cedar Ave S (first stop light)
- Turn right onto E Lake Street
- Turn right at 10th Ave S
- Turn right into Parking Ramp
- Park in Short Term Parking

From the South

Recommended from 35W:

- Take the 31st St (exit 15) to Lake St
- Turn right onto E Lake Street
- Turn Left 10th Ave S
- Turn right into Parking Ramp
- Park in Short Term Parking

From the West

Recommended from I-94/394:

- I-94 E entry ramp
- Take Hiawatha South/MN-55
- Exit at E Lake St - Turn right
- Turn Right on 10th Ave S
- Turn right into Parking Ramp
- Park in Short Term Parking

ACCOMMODATIONS

This conference will be held at the Allina Commons located at 2925 Chicago Avenue, Minneapolis, MN 55407-1321, just off Chicago Avenue and Lake Street. There is a hotel adjacent to the conference:

Sheraton Minneapolis Midtown Hotel

2901 Chicago Avenue South

Minneapolis, MN 55407

Phone: 612-821-7600

Sheraton.com/minneapolismidtown

CANCELLATION POLICY

Tuition is refundable if request is received by **Friday, March 24, 2017**. Notices after this date will not receive a refund. You may send an alternate. To complete your cancellation or substitution call 612-863-5374.

SPECIAL NEEDS

MN ARN and Courage Kenny Rehabilitation Institute are fully committed to accommodating the special needs of participants and will do everything possible for requests called in at least 7 business days in advance of the start date to 612-863-5374. Accommodations or special needs requested after that timeframe cannot be guaranteed.

QUESTIONS

Contact LeAnne Hammer at 612-863-5374 or leanne.hammer@allina.com

DISCLOSURE POLICY

All faculty and planning committee members participating in sponsored activities and/or their spouses or partners are required to disclose to the symposium audience any real or apparent conflict(s) of interest related to the content of this activity.

ACCREDITATION

Nurse

This activity has been submitted to the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. However, the nurse is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Other

Individuals representing other professional disciplines may submit course materials to their respective professional associations for seven hours of continuing education credit.

REGISTRATION

15th Annual Rehabilitation Nurses Conference Friday, March 31, 2017

REGISTRATION CONFIRMATION

Online Registration deadline is **Thursday, March 30, 2017**, at noon. After this deadline, you may register at the door.

For registration before March 30, you must registration through Eventbrite at this site: **www.eventbrite.com**

- Click on “Find Events.”
- Type in “15th Annual Rehabilitation Nurses Conference” in the search box.
- Click on “Search.”
- The event will come up. Click on the title to open the event information and registration.

You can also search by location and date or use this web address:

<https://www.eventbrite.com/e/15th-annual-rehabilitation-nurses-conference-registration-29501180826>

Eventbrite is a streamlined registration process that allows you to register for the conference, just use your credit card. You will receive immediate confirmation of registration through Eventbrite. You will not be issued a ticket. There will be a roster at the door with a list of attendee names.

Please contact the program organizers if you have any difficulty with registration (mary.randolph@allina.com) or (leanne.hammer@allina.com)

All attendees must self-register in EventBrite.

TECHNICAL ASSISTANCE OR HELP WITH REGISTERING:

Contact LeAnne Hammer at 612-863-5374 or leanne.hammer@allina.com or Mary Randolph at mary.randolph@allina.com

TUITION PAYMENT

Tuition Fee

\$85.00 MN Chapter Association of Rehabilitation Nursing Members

\$105.00 Non-Members

\$25.00 Students (No Contact Hours Awarded, must show student ID at the door)

Online payment deadline is **Thursday, March 31, at noon.**

Questions regarding receipts and payments call at 612-863-5374.



**COURAGE KENNY
REHABILITATION
INSTITUTE**

800 E 28th Street
Mail Route 12201
Minneapolis, MN 55407

If you receive a duplicate please share with your colleagues! For additional brochures please call 612-863-5374.



15th Annual Rehabilitation Nurse Conference

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