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CENTRA CARE Health

1406 Sixth Avenue North | St. Cloud, MN 56303-1901

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CRRN Rehab Certification

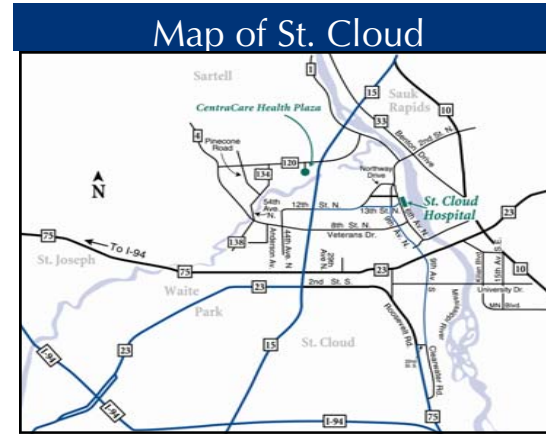
Preparation Course

September 13 & 14, 2016

St. Cloud, MN



CENTRA CARE Health



Hotels

For those attendees who need lodging information, the following hotels are within close proximity to the conference location:

- St. Cloud Holiday Inn (320) 253-9000 (shuttle available)
- Hampton Inn & Suites by Hilton (800) 430-2692
- Homewood Suites by Hilton St. Cloud (320) 252-5900
- Courtyard by Marriott (320) 654-1661 (shuttle available)
- AmericInn (320) 259-0877
- Best Western Kelly Inn (320) 253-0606
- Country Inn and Suites (320) 252-8282

Additional Information

- Daycare is not provided. Please make necessary arrangements.
- Tuition includes lunch, contact hour certificate and program materials.
- It is difficult to maintain room temperature for the comfort of all. Please dress in layers.
- Disclosure Policy: It is the policy of CentraCare Health Education & Professional Development Department to provide balance, independence, objectivity and scientific rigor in all its sponsored educational activities. All faculty participating in sponsored programs are expected to disclose to the program audience any real or apparent conflict (s) of interest related to the content of their presentation.
- In accordance with the Americans with Disabilities Act Amendment Act of 2008, please advise the CentraCare Health Education & Professional Development Department at (320) 255-5642 when registering if you have any disability that requires special materials and/or services so that appropriate personnel can be advised.
- For more information, or if you have special needs, communication requirements, or nutritional requests, please contact CentraCare Health Education & Professional Development Department at (320) 255-5642 or email cch.education@centracare.com.

Location

This program will be held in the Windfeldt Room at the CentraCare Health Plaza Education Center, 1900 CentraCare Circle, St. Cloud, MN 56303. Please park in the Prairie East or Prairie West parking lots and enter the Prairie East or Prairie West entrance. Signs will be posted guiding you to the Education Center.

Getting to CentraCare Health Plaza From Minnesota Highway 23

Driving east or west on Highway 23 – Go north on Highway 15 to County Road 120. Take the exit ramp for County Road 120 and turn left on County Road 120 west. Drive one-quarter mile and enter/exit the roundabout at CentraCare Health Plaza.

From Minnesota Highway 15

Driving north on Highway 15 – Take the exit ramp for County Road 120 and turn left on County Road 120 west. Drive one-quarter mile and enter/exit the round-about at CentraCare Health Plaza.
Driving south on Highway 15 - Take the exit ramp for County Road 120 west. Turn right at the stoplight and drive one-quarter mile and enter/exit the roundabout at CentraCare Health Plaza.

From Interstate 94

Driving east or west on I-94 – Exit I-94 at Highway 15. Go north on Highway 15 to County Road 120. Take the exit ramp for County Road 120, and turn left on County Road 120 west. Drive one-quarter mile and enter/exit the roundabout at CentraCare Health Plaza.

From U.S. Highway 10

Driving east on Highway 10 – Take the Highway 15 exit to St. Cloud. Go to County Road 120. Take the exit ramp for County Road 120 west. Turn right at the stoplight and drive one-quarter mile and enter/exit the round-about at CentraCare Health Plaza.
Driving west on Highway 10 – Take the Highway 23 exit to St. Cloud. Stay on Highway 23 through St. Cloud. Turn right onto Highway 15 north. Go north to County Road 120. Take the exit ramp for County Road 120, and turn left for County Road 120 west. Drive one-quarter mile and enter/exit the roundabout at CentraCare Health Plaza.

CRRN Rehab Certification Preparation Course

Tuesday, September 13, 2016
Wednesday, September 14, 2016
7:30 a.m. - 5:00 p.m.

CentraCare Health Plaza, Windfeldt Room
St. Cloud, MN 56303

CCH Employees: \$125 | Others: \$225

Registration is limited and taken on a first-come, first-serve basis.

Sponsored by:
CentraCare Health Education & Professional Development Department

Program Learning Outcomes

This program prepares the learner to:

- Describe the history and evolution of rehabilitation care.
- Discuss the standards of care and practice for rehabilitation nurses.
- Discuss the role of the rehabilitation nurse in the care and treatment of patients across the continuum of care.
- Describe disease processes that relate to patients requiring rehabilitation.

Target Audience

This seminar is for nurses who provide care to rehabilitation patients and are preparing to take the CRRN certification exam.

Course Description

This two-day seminar is designed to enhance the skills of rehabilitation nurses working in a variety of inpatient or outpatient settings. Rehabilitation nursing standards of care and practice will be reviewed. Participants will gain additional skills to manage the complex needs of rehabilitation patients as well as work more effectively in the interdisciplinary team.

Agenda

Day 1

7:30 - 8:00 a.m. Check-in/breakfast (*included*)
8:00 - 9:00 a.m. History, Philosophy and Theories of Rehabilitation | Ethics and Bio-Ethics
Nutrition
9:00 - 9:30 a.m. Break
9:30 - 9:45 a.m. Elimination
9:45 - 10:45 a.m. Neuro Assessment
10:45 - 12:00 p.m. Lunch (*included*)
12:00 - 1:00 p.m. Stroke
1:00 - 2:00 p.m. Communication
2:00 - 2:30 p.m. Break
2:30 - 2:45 p.m. Brain Injury
2:45 - 3:45 p.m. Cardiac and Pulmonary
3:45 - 4:15 p.m. Sleep and Rest
4:15 - 4:45 p.m. Wrap-Up | Q & A Session | Adjourn
4:45 - 5:00 p.m.

Day 2

7:30 - 8:00 a.m. Check-in/breakfast (*included*)
8:00 - 8:45 a.m. Neuromuscular Diseases
8:45 - 9:15 a.m. Gerontological Nursing
9:15 - 10:15 a.m. Growth and Development | Pediatric Issues
10:15 - 10:30 a.m. Break
10:30 - 11:00 a.m. Pain Management
11:00 - 11:30 a.m. Orthopedic | Musculoskeletal | Disuse
11:30 - 12:00 p.m. Self-Care and ADLs
12:00 - 1:00 p.m. Lunch (*included*)
1:00 - 1:45 p.m. SCI
1:45 - 2:15 p.m. Amputees
2:15 - 2:30 p.m. Break
2:30 - 3:00 p.m. Sexuality and Sexual Function
3:00 - 3:30 p.m. Role Changes and Psychosocial Aspects of Disability
3:30 - 4:00 p.m. Team Communication
4:00 - 4:30 p.m. Case Management | Discharge Planning
4:30 - 5:00 p.m. Test-taking Strategies | Evaluation | Adjourn

Contact Hour Information

RN/LPN: 15 Contact Hours

Med-Ed, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Med-Ed, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 3215, **Iowa**/296, **California** #CEP10453.

If your profession is not listed we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

Faculty

Betty R. Clark, MEd, BSN, RN, CRRN

Betty brings 43 years of neurological and rehabilitation nursing expertise to her courses and seminars. She started as a bedside neuro nurse after graduating with her BSN at the University of Virginia. She developed a passion to teach patients and their families how to live with a disability. She expanded her teaching to nurses after completing her MEd. at the University of Virginia. Her career path includes academia, home health administration, staff development, consulting, and research. She became a Certified Rehabilitation Registered Nurse (CRRN®) in 1989. In the past 26 years, she has taught many CRRN review courses nationally and internationally. Betty has presented at national Association of Rehabilitation Nurses (ARN) conferences on sexuality issues for persons with a disability and numerous other rehabilitation topics. She has received recognition as both Rehabilitation Educator and Administrator of the Year.

Betty's presentation style encourages audience participation and incorporates many techniques to enhance adult learning. Her success as a CRRN review educator is evident with the attendees achieving a high pass rate on the CRRN exam. Currently, she is an educator/research nurse for a CMS grant on delirium in the geriatric population at Houston Methodist Hospital, TX.

Testing Information

CRRN Certification Requirements

Please visit <http://www.rehabnurse.org/certification/content/certification-steps.html> to ensure that you meet all eligibility requirements for this certification.

Initial Exam Fees

ARN members: \$270 | Non-members: \$400
(The fees are subject to change per ARN.)

Scheduling Your Exam

To register, candidates must submit the application by the application deadline (please see website above for 2016 dates after December 31, 2015).

Completed applications need to be submitted with your payment to:

Castle Worldwide, Inc., Attn: CRRN Examination
P.O. Box 570, Morrisville, NC 27560
Telephone: 919-572-6880
Email: ibt@castleworldwide.com

See the website- <http://www.rehabnurse.org/> -for more details on preparing to take the exam for this certification.

Minnesota Testing Sites include:

St. Cloud Hospital is a testing location.

Sites in MN also include: Eagan, Grand Marais, Mankato, Minneapolis, and St. Paul.

Registration Form CRRN Rehab Certification Preparation Course

Tuesday, September 13, 2016

Wednesday, September 14, 2016

CentraCare Health Plaza, Windfeldt Room
St. Cloud, MN

PLEASE PRINT

Name _____

Organization _____

Title _____

Home Address _____

City _____ State ____ Zip _____

Home Phone _____

Work Phone _____

Email _____

I have previously attended a class/conference at CentraCare Health (external attendees only)

Please check appropriate boxes:

PROGRAM FEE

CCH Employees - \$125

Others - \$225

METHOD OF PAYMENT

Department # (internal only) _____

Check enclosed payable to CentraCare Health

Credit Card (Visa, MasterCard, Discover)

Card # _____

Exp. Date ____/____/____ V-Code _____

(3 digit code on back of card)

Registrations cannot be accepted or processed unless accompanied by appropriate tuition payment. Mail registration and payment to: [CentraCare Health Education & Professional Development Department, 1406 Sixth Avenue North, St. Cloud, MN 56303.](#)